You Can Always Count On The Truth

The phrase "you can always count on the truth" is a proverb suggesting that while deception may offer a temporary advantage, honesty and integrity ultimately lead to a more reliable and stable outcome, like building trust and maintaining peace. It implies that deceit is a temporary path with long-term consequences, while truth is a foundation for long-lasting relationships and inner harmony (Google AI). Whereas there is not a Bible Proverb with the exact language, "you can always count on the truth," perhaps we can look to the words of Solomon as he writes to the listener, "Buy the truth and do not sell it" (Proverbs 23:23).

Seemingly and overall, mankind has always valued the truth. Why? First and foremost, because God is truth and truth, even in man's moral and application of it, never changes. The fact is man cannot change the truth. However, the truth can change man (John 8:32). Jesus states, "The truth shall make you free." You really can count on the truth. However, truth has an adversary and that adversary is deceit.

When it comes to our soul, our submission to God's truth bears crucial weight on our eternal destination. The Psalmist records, "The entirety of Your word is truth, and every one of Your righteous judgments endures forever (Psalm 119:160). Regretfully, there are some who pervert or misreport the truth (Galatians 1:6-9). Thus, it is imperative that we test all we hear/see by comparing it to the perfect standard, God's truth, His word (Acts 17:11).

Looking back to Jesus' statement above, "The truth shall make you free," He is referring to being freed from sin. He explains this as He continues, "Whoever commits sin is a slave of sin" (John 8:34).

Jesus said, “Everyone who commits sin is the slave of sin." Now, combine these words with His statement in John 8:31, "If you abide in My word, you are disciples indeed," and then verse 32, "And you shall know the truth, and the truth shall make your free." Insisting on the truth and following nothing less or else sets us free from the slavery of sin.

Let us each purpose to demand, accept, and practice only that which God deems as truth. The thoughts and opinions of man, outside or inside the church, must be completely in line with God's truth. Else, they are not worth hearing. Let us be changed according to His will in all we do (Romans 12:2).